



**st. Anton**   
**ARLBERG**



## Weekly Programme 19.09. - 25.09.2011

OPENING HOURS  
TOURIST OFFICE  
ST. ANTON AM ARLBERG:

Monday - Friday: 8.00 am - 6.00 pm



**MONDAY 19.09.2011**

**09.00 am: Guided Walking Tour with explanation of movement and breathing technics plus fitness training**

“Stiegeneck” chapel - Maienweg - hut “Sennhütte”

Duration: approx. 4 hours

Meeting point: in front of the Information office St. Anton am Arlberg

Registration: at the Information office or tel. 2269 0,

1 day before till 12.00 noon

Minimum Attendance: 3 people

Costs: The guided walk is free of charge!

**Please bring hiking poles and drinks/snacks with you!**

**This excursion is not ideal for families with children on a pushchair!**

**Good walking boots are required!**

**10.15 am: High ropes climbing in the Verwall**

Duration: approx. 2 hours

Meeting point: High ropes climbing in the Verwall

Registration: arl.rock tel. 2625,

1 day before till 6.00 pm

Costs: adults € 36.00/ children under 12 YOA € 28.00

**02.00 pm: Guided village tour**

Meeting point: in front of the Information Office St. Anton am Arlberg

Duration: approx. 1 ½ hours                      Costs: free

Gain some interesting impressions by a walk through and around St. Anton am Arlberg. Free admission to all guests!

## TUESDAY 20.09.2011

### 09.00 am: Guided Walking Tour to the hut "Kaltenberghütte"

From St. Anton am Arlberg to Christoph by bus and then guided walk to the hut "Kaltenberghütte" (2089m).

**Duration:** approx. 4-5 hours

**Meeting point:** in front of the Information office St. Anton am Arlberg

**Registration:** at the Information office or tel. 2269 0,  
1 day before till 6.00 pm

**Minimum attendance:** 6 people

**Costs:** € 20.00 per person

Costs for the bus from St. Anton to St. Christoph:

Adults € 3.10/Youth € 2.20/Kids € 1.60 (return ticket)

**This excursion is not ideal for families with children on a pushchair!**

**Good walking boots are required!**

### 02.00 pm: Family Rafting (also for kids aged 5+)

**Meeting point:** at the arl.rock

**Registration:** H2O Adventure tel. 2625,  
1 day before till 6.00 pm

**Costs:** adults € 34.00/ children under 12 YOA € 28.00

Transfer on your own or organised transfer (departure: 01.00 pm at the arl.rock -  
advance reservation necessary) € 12.00 per person.

## WEDNESDAY 21.09.2011

### 09.00 am: Guided Walking Tour to the hut "Stuttgarterhütte"

From St. Anton am Arlberg with the public bus to Zürs. From Zürs we walk to the hut "Stuttgarter Hütte". (2310m)

**Duration:** approx. 4 hours

**Meeting point:** in front of the Information office St. Anton am Arlberg

**Registration:** at the Information office or tel. 2269 0,  
1 day before till 6.00 pm

**Minimum attendance:** 3 people

**Costs:** The guided walk is free of charge!

Costs for the bus from St. Anton to Zürs:

Adults € 5.80/Youth € 4.10/Kids € 2.90 (return ticket)

**This excursion is not ideal for families with children on a pushchair!**

**Good walking boots are required!**

**09.30 am: Mountainbike Tour incl. bike**

**Duration:** approx. 2 hours

**Meeting point:** at the arl.rock

**Registration:** arl.rock tel. 2625,

1 day before till 6.00 pm

**Costs:** adults € 20.00/ children under 12 YOA € 15.00

**03.00 pm: Tubing „First Impression“**

**Meeting point:** at the arl.rock

**Registration:** H2O Adventure, Tel. 2625

1 day before till 6.00 pm

**Costs:** adults and children € 44.00

**09.00 pm: Summer concert of the brass band St. Jakob am Arlberg**

Concert of the brass band St. Jakob am Arlberg at the “Arlbergsaal”.

**THURSDAY 22.09.2011**

**09.00 am: Guided Mountain Walk**

Uphill with the “Galzigbahn” - Panoramaweg - Arlenmähder - Ulmerhütte - Galzig.  
Downhill from Galzig to St. Anton with the cable car or possibility of walking down to  
St. Christoph. From there bus transfer to St. Anton am Arlberg. (04.41 pm).

**Duration:** approx. 5.5 hours

**Meeting point:** in front of the Information office St. Anton am Arlberg

**Registration:** at the Information office or tel. 2269 0,

1 day before till 6.00 pm

**Minimum Attendance:** 6 people

**Costs:** € 20.00 per person

Costs for the cable car “Galzigbahn”: adults € 11.50/children € 5.50 (1992-2004)

Costs for the bus from St. Anton to St. Christoph:

Adults € 1.60/Youth € 1.10/Kids € 0.80 (single ticket)

**Please bring drinks/snacks with you!**

**This excursion is not ideal for families with children on a pushchair!**

**Good walking boots are required!**

**10.00 am: Archery (incl. equipment and direction)**

**Meeting point:** at the arl.rock

**Registration:** arl.rock tel. 2625,

1 day before till 6.00 pm

**Costs:** adults € 7.00/ children under 12 YOA € 3.00

**02.00 pm: Rafting tour easy**

**Meeting point:** at the arl.rock

**Registration:** H2O Adventure tel. 2625,  
1 day before till 6.00 pm

**Costs:** adults € 44.00/ kids under 12 YOA € 38.00

Transfer on your own or our organised transfer (departure: 01.00 pm at the arl.rock - advance reservation necessary) € 12.00 per person.

**08.30 pm: Photo presentation - Our most beautiful flowers**

**Meeting point:** at Hotel Tyrol

Photo presentation of the alpine flora around St. Anton presented by Beate Klimmer.  
Admission free! A paradise at the Arlberg.

**FRIDAY 23.09.2011**

**09.00 am: Guided Mountain Walk**

Uphill with the "Galzigbahn" - on the "Eagle walk" to the Steißbachtal - Gampen - Rodelalm - St. Anton am Arlberg.

**Duration:** approx. 5 hours

**Meeting point:** in front of the Information office St. Anton am Arlberg

**Registration:** at the Information office or tel. 2269 0,  
1 day before till 6.00 pm

**Minimum attendance:** 6 people

**Costs:** € 20.00 per person

Costs for the cable car "Galzigbahn": adults € 11.50/children € 5.50 (1992-2004)

**Please bring drinks/snacks with you!**

**This excursion is not ideal for families with children on a pushchair!**

**Good walking boots are required!**

**04.00 pm: Nordic Walking**

**Duration:** approx. 2 hours

**Meeting point:** at the arl.rock

**Registration:** H2O Adventure tel. 2625,  
1 day before till 6.00 pm

**Costs per person:** adults €12.00/ children under 12 YOA € 6.00

If you need further information please do not hesitate to contact the Tourist Office  
St. Anton am Arlberg tel. 2269 0

For further themed walks  
(Capricorn safari, sunrise-walk, „Edelweiß“ safari, etc.) please contact our mountain  
hiking school.

Contact address mountain hiking school  
Tel. +43 (0) 664 370 33 04  
[www.arlberg-arena.at](http://www.arlberg-arena.at)

Rafting, Tubing, Canyoning, etc. can be booked individually at H2O-Adventure  
Tel. +43 (0) 5446 2625  
[www.h2o-adventure.at](http://www.h2o-adventure.at)

Information on Paragliding: directly at the company Flight Connection:  
Tel. +43 (0) 664 141 51 66, [flightconnection@gmail.com](mailto:flightconnection@gmail.com).

Enjoy the “Arlberg” accompanied by Lamas. Lama Trekking Tours bookable at  
[moeslihof@st-anton.at](mailto:moeslihof@st-anton.at) or phone 0664 181 88 94.

Kayak-courses for beginners and advanced learners:  
Kajak school Arlberg in Pettneu, [www.gokayaking.at](http://www.gokayaking.at), Brooks Steve  
Tel. +43 (0) 676 530 38 78

## FURTHER INFORMATION

- Information about alps and huts you will get at the Information office, tel. 2269 0
- The 6-hole golf course, the Putting Green and the Driving Range are opened daily from 9.00 am. Phone: 2103 or 0680 1230204.
- Horse-drawn carriage rides bookable at family Scherl in Schnann, Phone: 05447 5649

### Operating hours cable cars and mountain restaurants:

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| • 07.09.-<br>25.09.2011 | Cable cars "Galzig" and "Valluga" as well as the mountain restaurants daily opened |
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- The ARLBERG-well.com centre with indoor and outdoor swimming pool and fitness centre are opened daily until the 25<sup>th</sup> of September 2011 from 9.00 am until 9.00 pm. Sauna is possible every Friday from 3.00 pm to 9.00 pm as well as in case of bad weather.
- The free village bus is operating until the 25<sup>th</sup> of September 2011. Timetables available at the Information office!
- The sports centre arl.rock is currently opened from 05.00 am onwards.
- Opening hours Art Room Pettneu:  
Thursday and Saturday from 5.00 - 8.00 pm  
Sunday from 3.00 - 5.00 pm  
Visits also possible on arrangement - phone 0676 5117383

## EVENTS

20.09.2011	<b>Movies of Norbert Falch at the art exhibition (Kunstraum) in Pettneu</b> At the art exhibition (Kunstraum) in Pettneu different movies directed by Norbert Falch are shown: „Die Bergwiese“, „Heuziehen“, „Der Schellenschmied von Pettneu“ and „Der weiÙe Faden“. Start: 08.30 pm - Duration app. 1.5 hours - Entrance fee: free
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## FURTHER EVENTS IN OCTOBER

08.10.2011	<b>Concert of the famous Austrian musician „Reinhard Fendrich“</b>
15.10.2011	<b>Musician’s evening at the community hall in Strengen</b>
30.10.2011	<b>Playing cards („Jassen“) at the hotel Troschana in Flirsch</b>